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Grade Level: 1

Language: English

Topic/unit/core selection:

Force and Balance

by Mollie Toll and Molly Mysliwiec

Think about a force Yes, Ma'am Can it push? Can it pull? Yes, Ma'am Yes, Ma'am Yes, Ma'am

How do you know? It stops and starts. How do you know? It changes direction.

Left goes right.

Down goes up.

What does it need?

What does it need?

Right goes left.

Up goes down.

A push or a pull.

A push or a pull.

Greater force, greater motion. Smaller force, smaller motion.

Think about balance. Yes, Ma'am. Like this, like this? (show arms out of balance)

No, Ma'am.

It must be stable! Yes, Ma'am.

How do you know? It doesn't fall over.

How do you know? Because it's balanced.

What does it need? A balance point.

What does it need? It's in the middle of the mass.

Additional instructions/melody/tempo etc.: